

The Elms Academy

NEWSLETTER

Integrity

Ambition

Determination

23rd May 2025

Message from the Principal



As we approach the end of a short but highly productive half-term, I want to take a moment to reflect on the fantastic work and achievements of our students. The past few weeks have been full of learning, enrichment, and preparation for upcoming exams, and I am incredibly proud of our school community.

Attendance Reminder: Regular, punctual attendance is crucial, especially during exam season. We've seen a slight dip recently, so please ensure your child is in school every day—every lesson matters.

A big congratulations to Year 11 and 13 for another strong week of exams. Over the break, we encourage rest and focused revision. Thank you to our dedicated teachers running extra sessions. Years 7–10 and Year 12 will begin exams in the second week after half-term—we're excited to celebrate their success.

This week featured sports fixtures, our Great British Bake Off, a music production workshop with Grounded Sounds, and an inspiring talk from entrepreneur and English Channel swimmer Leah Chowdhry. A successful entrepreneur and the first British Asian woman to swim the English Channel, Leah's talk was the highlight of the week. Her story captivated our students, encouraging them to reflect on their aspirations and how they can take positive steps in their own lives.

A big thank you to everyone who attended the Parent Forum on Monday. It was a great opportunity to share key information on how to best support your child, discuss important dates, and provide a space for parents to ask questions. The recording has been sent out for those who were unable to attend. We believe that working together with parents creates the best school experience for our students, and we appreciate your engagement and support.

Finally, I want to express our sincere gratitude for your ongoing support. We are incredibly lucky to work with such a committed and supportive parent community, and this partnership plays a vital role in our collective success. Wishing you all a wonderful half-term break!

The Elms Academy

NEWSLETTER

Integrity

Ambition

Determination

Looking after Our Mental Health

How do we help students to look after their mental health? Our whole school assembly gave 5 tips to counteract the stress of exams and the stresses of everyday life. While it's common to feel stressed, with a few simple tweaks, stress can be released from the body and a sense of calm can be restored.

Here are the 5 top tips to maintaining good mental health:

Tip 1: Move Your Body



Walking, exercise or dancing.

Tip 2: Sleep Matters



8 to 9 hours of sleep every night is essential.

Tip 3: Talk About it



Talk to trusted friends or a teacher

Tip 4: Be Kind to Yourself (and Others)



Do something you really enjoy

Tip 5: Limit Screen Time



..And turn off screens 1 hour before bedtime



The Elms Academy
The best in everyone™
Part of United Learning

The Elms Academy

NEWSLETTER

Integrity

Ambition

Determination

Great Elms Bake Off!

Well done to all the students who participated in The Great Elms Bake Off! The Head of House's were so proud of all the students who took part from Years 7 - 10 and helped to raise a brilliant £80 for charity!

A massive thank you must also go to the parents, careers and families that supported students in their baking and preparing: Thank you! Winners and Prizes will be announced in the first assembly after half term.



The Elms Academy
The best in everyone™
Part of United Learning

The Elms Academy

NEWSLETTER

Integrity

Ambition

Determination

Visit by Leah Chowdhry



We were delighted to welcome Leah Choudhry to the academy this week. Leah is entrepreneur and is the first British Asian woman to swim the Channel English Channel.

On 4th July 2018, Leah became one of the first recorded young British Asian women to swim the English Channel at 26 years old. With help from family, friends and generous donations she raised over £175,000 for the British Asian Trust. Leah completed the 30-mile swim in just under 15 hours despite obstacles like jellyfish, ship tankers and seasickness. She previously completed the London Marathon.

Leah is a graduate with BSc in Childhood studies and worked for EY and managing a children's nursery before setting up her venture Pop Up, Party and Play.

She spent time sharing her experiences with our students and discussing how she achieved her goals.

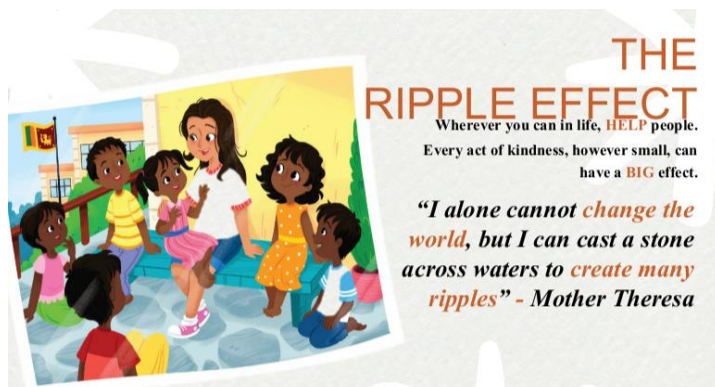
LEAH CHOWDHRY

About Me:

- I am dyslexic
- I am a woman, who also had to work twice as hard for me to be acknowledged for my achievements
- Against the odds, I became the First British Asian Woman to swim across the English Channel.

I don't like:

- Putting myself out of my comfort zone
- Change!



The Elms Academy
The best in everyone™
Part of United Learning

The Elms Academy

NEWSLETTER

Integrity

Ambition

Determination

Futures Festival

Details of a Futures Festival which will be held during half term at Evelyn Grace Academy are shown below. Use the following link to sign up and book your free ticket.

[Futures Fest - Your Path Your Future Tickets, Thu, May 29, 2025 at 1:00 PM | Eventbrite](#)

ARE YOU A 14-24 YEAR OLD BRIXTON RESIDENT?

FUTURES FESTIVAL

YOUR PATH YOUR FUTURE

THURSDAY 29TH MAY | 1-5PM @ EVELYN GRACE ACADEMY, SE24 0QN



- MEET EXCITING EMPLOYERS WITH LIVE OPPORTUNITIES
- CONNECT TO AMAZING YOUTH SERVICES IN YOUR AREA
- ENJOY FREE FOOD, INSPIRING SPEAKERS & PERFORMERS
- ACCESS SUPPORT FOR YOUR WELLBEING & FUTURE GOALS

GET FREE TICKETS



SPIRAL
WE BELIEVE IN YOUTH

NBL
North Brixton Big Local

WWW.SPIRALSKILLS.CO.UK | @SPIRALSKILLS | OPPORTUNITIES@SPIRALSKILLS.CO.UK



The Elms Academy
The best in everyone™
Part of United Learning

The Elms Academy

NEWSLETTER

Integrity

Ambition

Determination

Sporting Success

We're proud to celebrate the achievements of our students in recent sporting fixtures. A huge well done to everyone who took part in a range of exciting events!

Year 9 Boys' Football

Elms Academy 2 – 1 Bishop Thomas Grant

Congratulations to Sidik for scoring both goals in a fantastic win! Players of the match were Kian and Cameron for their outstanding performances.



Year 7 & 8 Badminton Competition

Elms Academy claimed 2nd place overall in a competitive field!

Players of the Tournament were Romeo and Rebecca—well done on your impressive play throughout.



The Elms Academy

NEWSLETTER

Integrity

Ambition

Determination


Year 7 & 8 Girls' Touch Rugby Showcase

Our Year 7 and 8 girls represented the school brilliantly at the recent Touch Rugby Showcase. A special mention goes to Gracie-Lee, who was named Player of the Match for her skill and teamwork.





Lambeth Athletics Competition results

Well done to everyone who participated!





Shotput


Kai Feneck 




Javelin


Liam Ofori 


Isaac Kissell 





Discus


Iiyah-Rose Fagan-Clarke 

Abraham Magno 


Skye Alladice 


Aleeza Sandi 

Ashley Oneal Jordan 





High Jump


Sammy Ait Ourdja 



Long Jump

Juan Giraldo 

Omar Dair 



The Elms Academy
The best in everyone™



The Elms Academy
The best in everyone™
Part of United Learning

The Elms Academy

NEWSLETTER

Integrity

Ambition

Determination

Lambeth Athletics Competition Results- Track Events



100m

•Findieu Conteh



200m

Juno Williams



Taliyah Hunte



Prince Aimienoho



Samara Daw



Hurdles

Prince Alle



Abraham Magno



Shi-Ann Watson-King



Kamil Curtis



800m

Sammy Ait Ourdja



1500m

Troy Coleman



Isaac Kissell



The Elms Academy
The best in everyone™
Part of United Learning

Key Dates for Your Diary

Event	Date	Time
Half Term	Monday 26 th May – Friday 30 th May	All Week
Summer Festival	Tuesday 1 st July 2025	5.00pm – 7.00pm
Last day of term	Friday 18 th July 2025	



The Elms Academy
The best in everyone™
Part of United Learning